

# SUNFLOWER WHISPERS BIRD QUILT

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DESIGNS®



48 ½" x 48 ½"

*Sunflower Whispers*   
by Lisa Audit



= Confident Beginner

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# SUNFLOWER WHISPERS BIRD QUILT

**FINISHED QUILT SIZE 48 ½" × 48 ½"**

Please read all instructions before beginning this project.  
Yardage calculated using a 42" usable width of fabric.

Pattern designed by The RBD Designers.

## GENERAL INSTRUCTIONS

Please check [www.rileyblakedesigns.com/pattern-updates](http://www.rileyblakedesigns.com/pattern-updates) or scan the QR Code for any revisions before starting this project. This pattern requires a basic knowledge of quilting techniques and terminology. The quilt and block diagrams portrayed are virtual images. The layout and look of your project may differ when using actual fabric. It is not recommended to prewash fabric before cutting and assembling.



Always verify your panel size before beginning. If your panel measurements differ from those given in the pattern, trim to the desired size or use coping strips to alter the size of your panel. If coping strips are needed, add oversized, coordinating strips of fabric to the necessary edges of the panel, then trim to the size specified in the pattern.

WOF = Width of Fabric

RST = Right Sides Together

SNF-FG = Stitch and Flip Flying Geese

## FABRIC REQUIREMENTS

All fabrics from the Sunflower Whispers collection unless stated otherwise.

(1) PD16675-PANEL Sunflower Whispers Panel

¼ Yard Each:

C16672-BLUSH Ferns

C16672-GREEN Ferns

C16672-PUMPKIN Ferns

C16672-YELLOW Ferns

Additional Fabrics:

¾ yard CD16671-GREEN Prairie

¾ yard C120-LECREME Confetti Cotton™ Solid

½ yard C16674-PUMPKIN Gingham (binding)



## OTHER SUPPLIES

Basic Sewing Supplies

1 ½ yards WB15574-MARIGOLD Zinnias Bee Plaid  
(wide back backing)

Batting

## CUTTING INSTRUCTIONS

When cutting fabrics, use a straight edge ruler and rotary cutter. Measurements include ¼" seam allowance. Label, allocate, and organize all cuts as noted.



### Sunflower Whispers Panel

Fussy cut (4) 16 ½" × 16 ½" Panel squares, centered over the motifs.\*

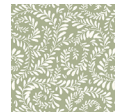
*\*Note: If the panel motifs do not reach the edge of the required cuts, add coping strips first and then trim to the required sizes.*



### Blush Ferns

Cut (2) 2 ½" × WOF strips. Subcut:

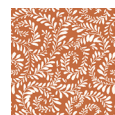
(16) 2 ½" × 4 ½" rectangles. Label as A.



### Green Ferns

Cut (2) 2 ½" × WOF strips. Subcut:

(16) 2 ½" × 4 ½" rectangles. Label as B.



### Pumpkin Ferns

Cut (2) 2 ½" × WOF strips. Subcut:

(16) 2 ½" × 4 ½" rectangles. Label as C.



### Yellow Ferns

Cut (2) 2 ½" × WOF strips. Subcut:

(16) 2 ½" × 4 ½" rectangles. Label as D.

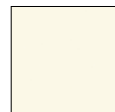


### Green Prairie

Cut (5) 4 ½" × WOF strips. Piece together end-to-end; subcut:

(2) 4 ½" × 48 ½" strips. Label as E.

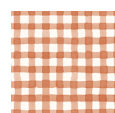
(2) 4 ½" × 40 ½" strips. Label as F.



### Le Creme Confetti Cotton™ Solid

Cut (9) 2 ½" × WOF strips; subcut:

(144) 2 ½" × 2 ½" squares. Label as G.



### Pumpkin Gingham

Cut (6) 2 ½" × WOF strips for binding.

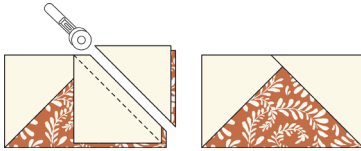
# SUNFLOWER WHISPERS BIRD QUILT

## SEWING TECHNIQUES

Sew all seams RST and with a  $\frac{1}{4}$ " seam allowance unless stated otherwise. Refer to the Quilt Layout Diagram for placement of the prints. Press seams as desired unless stated otherwise. Dimensions listed in steps are unfinished sizes. Please refer to the following general sewing technique as this method is referenced throughout the pattern in its abbreviated form.

### STITCH AND FLIP FLYING GEESE METHOD (SNF-FG)

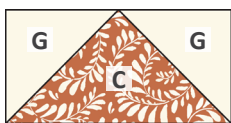
Draw a diagonal line, corner to corner, on the wrong side of (2) squares. Place (1) square in a corner of (1) rectangle, RST, matching raw edges in the corner to be replaced. Sew on the drawn line. Trim the seam allowance outside the sewn line to  $\frac{1}{4}$ ". Flip the square away from the rectangle and press, replacing the corner. Repeat with the second square in the opposite corner. The size of the original rectangle does not change.



## BLOCK ASSEMBLY

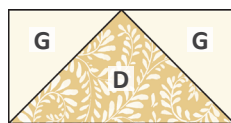
- Gather the required pieces and use the SNF-FG method to make the units shown below, referencing the diagrams for quantity, proper placement, and orientation.

Make (16)



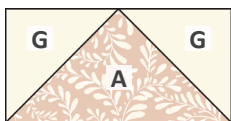
$2\frac{1}{2}" \times 4\frac{1}{2}"$

Make (16)



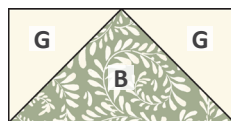
$2\frac{1}{2}" \times 4\frac{1}{2}"$

Make (16)



$2\frac{1}{2}" \times 4\frac{1}{2}"$

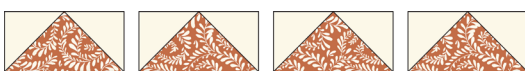
Make (16)



$2\frac{1}{2}" \times 4\frac{1}{2}"$

- Sew (4) matching SNF-FG units together as shown below to make (1) Border Unit. Repeat to make (16) total units. You will have (4) sets of (4) matching Border Units.

Make (16)



$2\frac{1}{2}" \times 16\frac{1}{2}"$

- Arrange (4) G-squares, (4) matching Border Units, and (1) Panel square as shown below. Sew the squares and units together into rows. Next, sew the rows together to make (1) block. Repeat to make (4) total blocks.

Make (4)



$20\frac{1}{2}" \times 20\frac{1}{2}"$

## QUILT ASSEMBLY

- Arrange (4) blocks as shown below. Sew the blocks together into pairs. Next, sew the pairs together to make the quilt center.



$40\frac{1}{2}" \times 40\frac{1}{2}"$

## SUNFLOWER WHISPERS BIRD QUILT

5. Sew (1) **F**-strip to each side of the quilt center as shown below. Next, sew (1) **E**-strip to the top and bottom to complete the quilt top.

QUILT LAYOUT DIAGRAM



### FINISHING INSTRUCTIONS

6. Layer the quilt top, batting, and backing. Baste the quilt layers together and quilt as desired. Sew the Pumpkin Gingham binding strips together end-to-end. Then bind the trimmed, finished quilt using your favorite binding method.

Enjoy and share your quilt using the hashtags: [#sunflowerwhispersfabric](#), [#sunflowerwhispersbirdquilt](#), [#rileyblakedesigns](#), and [#iloverileyblake](#).