

# French Braid

{ table runner }



**FREE PROJECT SHEET**

DESIGNED WITH LOVE BY *Pat Bravo*



QUILT DESIGNED  
WITH LOVE BY PAT BRAVO

# French Braid

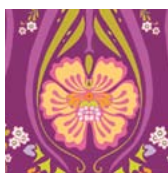
Finished Size: 22" by 62"  
Block Size: 20" by 20"  
Number of blocks: 3

## FABRIC REQUIREMENTS

Fabric **A** DIF-808 ¼ yd  
Fabric **B** PE-401 ¾ yd  
Fabric **C** DIF-704 ¼ yd  
Fabric **D** PE-409 ¾ yd  
Fabric **E** DIF-703 ¾ yd  
Fabric **F** DIF-807 ¼ yd

**Backing** DIF-807  
2 yd. (suggested)

**Binding** PE-401 (FABRIC B)  
(included)



Fabric A



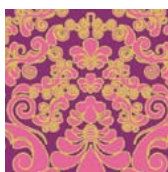
Fabric B



Fabric C



Fabric D



Fabric E



Fabric F



## CUTTING DIRECTIONS

This quilt is made with half-square triangles combined in a square block  
(¼" seam allowances are included)

### FOR ALL BLOCKS CUT (3 blocks total)

Six (6) 5 7/8" squares from fabric **A**  
Cut them once diagonally

Twelve (12) 5 7/8" squares from fabric **B**  
Cut them once diagonally

Six (6) 5 7/8" squares from fabric **C**  
Cut them once diagonally

Twelve (12) 5 7/8" squares from fabric **D**  
Cut them once diagonally

Six (6) 5 7/8" squares from fabric **E**  
Cut them once diagonally

Six (6) 5 7/8" squares from fabric **F**  
Cut them once diagonally



## BLOCK CONSTRUCTION

All 20 blocks are constructed the same way  
(sew fabrics right sides together and with a ¼" seam allowance)

- Place one fabric **A** half-square triangle on top of one fabric **D** half-square triangle. Sew a seam on the base. (DIAGRAM 1)
- Open and press. (DIAGRAM 2)  
This will be called a "unit."

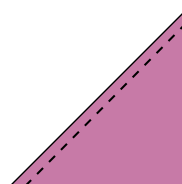


DIAGRAM 1

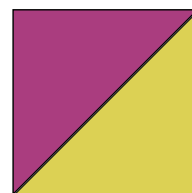


DIAGRAM 2

## FABRIC COMBINATIONS LAYOUT FOR HALF SQUARE TRIANGLE UNITS

- Make an additional 15 units like the one above combining fabrics:

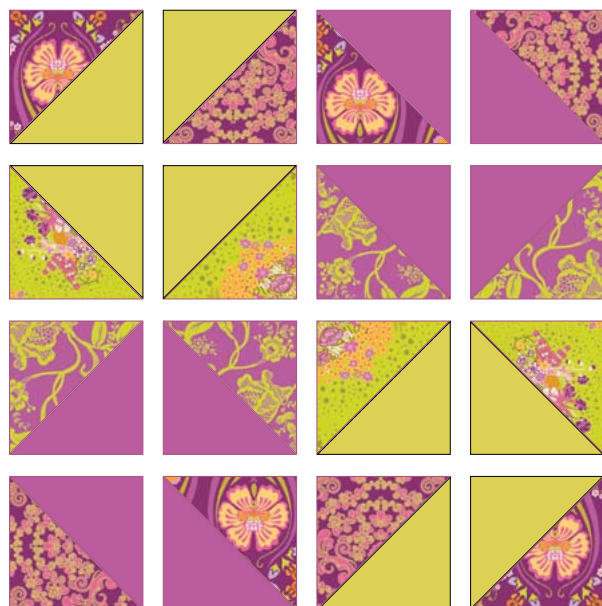
B and C	D and E
B and C	A and B
F and D	B and E
F and D	F and D
E and B	D and F
B and A	C and B
D and E	B and C
D and A	

## ✿ BLOCK ASSEMBLY

(sew fabrics right sides together and with a ¼" seam allowance)

- Position units on a design wall or a table combining colors to make a block that looks like a braid. Take much care to match seam intersections between each block (lock them with pins if necessary). **(Follow the front cover picture for unit and block placement).**
- Make, in the same way another 2 blocks.

BLOCK



## ✿ RUNNER TOP ASSEMBLY

(sew fabrics right sides together and with a ¼" seam allowance)

- Sew the 3 blocks together in a row, combining the sequence of colors **(Follow the front cover picture for block placement)**. Press all seams toward the same direction.
- Press the WHOLE TOP with a hot steam iron.

## ✿ RUNNER ASSEMBLY

- Place BACKING FABRIC on a large flat surface **wrong** side up. Stretch it with masking tape against that surface.
- Place BATTING on top of backing fabric.
- Place TOP on top of the batting with **right** side facing up. Smooth away wrinkles using your hands.
- Pin all layers together and baste with basting thread, using long stitches. You can also use safety pins to join the layers.
- Machine or hand quilt starting at the center and working outwards.

## ✿ BINDING

(sew right sides together)

- Cut enough strips 1½" wide by the width of the fabric **B** to make a final strip 178" long. Start sewing the binding strip in the middle of one of the sides of the quilt, placing the strip right side down and leaving an approximated 5" tail. Sew with ¼" seam allowance (using straight stitch), aligning the strip's raw edge with the quilt top's raw edge.
- Stop stitching ¼" before the end of the quilt (DIAGRAM B1). Clip the threads. Remove the quilt from under the machine presser foot. Fold the strip in a motion of 45° and upward, pressing with your fingers (DIAGRAM B2). Hold this fold with your finger, bring the strip down in line with the next edge, making a horizontal fold that aligns with the top edge of the quilt (DIAGRAM B3). Start sewing at ¼" of the border, stitching all the layers. Do the same in the four corners of the quilt.
- Stop stitching before you reach the last 5 or 6 inches. Cut the threads and remove the quilt from under the machine presser foot. Lay the loose ends of the binding flat along the quilt edge, folding the ends back on themselves where they meet. Press them together to form a crease. Using this crease as the stitching line, sew the two open ends of the binding with right sides together (you can help yourself marking with a pencil if the crease is difficult to see).
- Trim seam to ¼" and press open. Complete the sewing. Turn binding to back of the quilt, turn raw edge inside and stitch by hand using blind stitch.

DIAGRAM B1

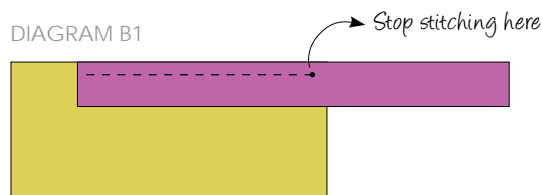


DIAGRAM B2

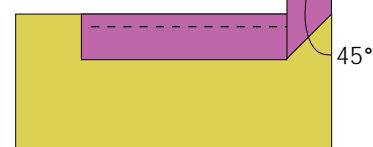
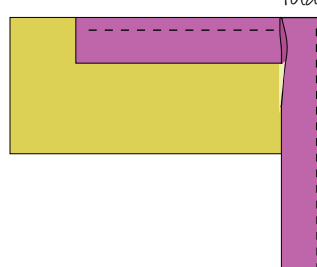


DIAGRAM B3



CONGRATULATIONS!







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and lots of inspiration visit:

[patbravo.com](http://patbravo.com)



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*NOTE: While all possible care has been taken to ensure the accuracy of this pattern, we are not responsible for printing errors or the way in which individual work varies. Please read instructions carefully before starting the construction of this quilt. If desired, wash and iron your fabrics before starting to cut.*

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