



FREE QUILT PATTERN  
BLOOM  
QUILT



# BLOOM QUILT

## SEWING PATTERN INCLUDES:

Instructions and measurements to create your own Bloom Quilt.

Fabrics designed by Amy Butler for Rowan.  
All prints are from Amy's Soul Blossoms collection.

Quilt design by Amy Butler  
Instructions and construction by Kerri Thomson

Finished size: 64" x 74" including the 2" Ruffles. This quilt can be made in any size. Please adjust the yardage accordingly.

*A lush, artistic fabric field of cascading yo-yo flowers in rich texture and color! With great tips and direction for making a variety of yo-yo sizes, you can customize your quilt to make it as full of blooms as you like. Once you've made a yo-yo, you'll see how fun it is to change up the scales with a simple circle (a great way to use your scraps)! A 2" ruffle edge finishes the top and bottom beautifully.*

## MATERIALS LIST

-4 yards of 54" wide mid-weight Home Dec print for the Quilt Back

### From 44" wide quilting fabric:

-1 yard of 4 coordinating prints for the Quilt Top

-1 1/8 yards of a coordinating print for the Ruffle.

**-PLUS** - Lots of scraps to make many different size yo-yo's. Check the list of fabric yardages below for an estimate of how many yo-yo's you can cut from each size piece.

1/2 yard = two 8" & four 2" yo-yo's

3/8 yard = three 6" & two 3" yo-yo's

1/4 yard = five 4" yo-yo's

1/8 yard = nine 2" yo-yo's

The following amount of yo-yo's were used in my "Bloom Quilt":  
18 - 8"; 54 - 6"; 48 - 4"; 48 - 3"; 64 - 2"; 40 - 1 1/2".

## BATTING / NOTIONS NEEDED

-1 pkg of twin size cotton batting (I use Cotton Classic® batting from Fairfield)

-2 large spools of coordinating all-purpose thread (I use my Soul Blossoms Threads from Rowan. It's great for quilting.)

## TOOLS NEEDED

-Scissors	-Iron and ironing board
-Straight pins	-Hand sewing needle
-24" quilting ruler	-Round items to use as templates
-Rotary cutter and mat	-Optional - Large compass

## GENERAL NOTES:

**~All seam allowances are 1/2" unless otherwise stated.**

**~Before you get started, please read through all of the instructions.**

**~Preshrink your fabric by washing, drying and pressing it.**

**TIP: Make a small cut diagonally in each corner of your fabric before washing to help prevent fraying and tangling.**

**~The first time a term is mentioned and followed by an asterisk (\*) it is defined in the Techniques & Terminology section on my website.**

## Make the Quilt Top

- Cut 4 strips from each print - 9" x the width of the fabric.
- Make 2 long panels from each of the 4 prints using 2 strips for each panel. Starting with the first print place 2 of the strips **RIGHT** sides together. Pin and sew a 1/2" seam along one short end, backstitching\* at each end. Press the seam allowances\* open. Repeat this step to sew the other 2 strips together from this print, and follow the steps to make 2 long panels for the remaining 3 prints.



- Layout all 8 panels placing the long edges side-by-side. Arrange them in an order that's pleasing to you. Sew them together using a 1/2" seam and press the seam allowances open.

- Using your quilting ruler, rotary cutter and mat, trim the Quilt Top to measure 65" wide x 71" long, squaring up the corners.

## Add the Ruffles

- Cut 7 strips - 5" x the width of your fabric
- Sew all 7 strips together by stitching across the short ends using a 1/2" seam. Cut this long strip into 2 lengths - each measuring 5" wide x 144" long.
- Fold each strip in half lengthwise with **RIGHT** sides together. Pin and then sew a 1/2" seam across each short end. Backstitch at each end.
- Turn the ruffles **RIGHT** side out matching the long edges and pin them together.
- Use the longest stitch length on your sewing machine, and sew 2 rows of gathering stitches\* along the pinned edges on both ruffles. Pull the bobbin threads to gather the ruffles until they each measure 1" shorter than the width of the Quilt Top (64" for my quilt).
- Secure the gathering stitches by inserting a straight pin at each end of your stitching line. With your threads, make a figure 8 around the top and bottom of the pin a few times to hold them in place.
- Starting on the **RIGHT** side of the Quilt Top, match the raw edge of the first ruffle with the top edge of the quilt, centering it 1/2" in from each side edge. Pin it in place and machine baste a **3/8"** seam across the edge. Repeat to attach the second ruffle to the bottom.

## Make the Quilt Back

- Cut your backing fabric into two panels (33" wide x 72" long). Place the 2 panels **RIGHT** sides together and pin down one long edge. Stitch a 1/2" seam along the pinned edge and backstitch at each end. Press the seam allowances open.
- Trim the Quilt Back the same size as the Quilt Top (65" wide x 71" long)

## Finish your quilt

- Open your batting. Lay it out on a large flat surface and smooth out any wrinkle.
- Place the Quilt Back on top of the batting with the **RIGHT** side up. Smooth out any wrinkles.
- Then place the Quilt Top on the Backing with **RIGHT** sides together smoothing out the wrinkles. Tuck the ruffles between the Quilt Top and Back and pin the layers together around all of the edges.
- Stitch a 1/2" seam around the pinned edges leaving a 20" opening along one side edge and backstitch at each end.
- Trim the batting even with the Quilt Top. Trim all 4 corners in the seam allowance making sure not to clip your stitching.
- Turn the quilt **RIGHT** side out through the opening and press it flat.
- Fold the sides of the opening 1/2" under. Pin and slipstitch\* the edges together with your hand sewing needle.



Close-up of the yo-yo's

**Make and attach the Yo-Yo's** - Make lots of yo-yo's varying in size from 1 1/2" to 8" in diameter. For each yo-yo use a circle twice as big as the finished size plus 1/2" for turning under. For example, to make an 8" yo-yo you'll need a fabric circle 16 1/2" in diameter. The great thing is you can use items around your home as templates for the circles. Measure your dinner plates, flower pots, trash can lids, or you can simply use a compass.

- Use your templates or compass, and draw circles the desired diameter on the **RIGHT** side of each fabric scrap. Cut out all of the circles.
- Thread your hand-sewing needle with about 30" of thread, folding it in half and matching the ends. Make a knot.
- Fold the edge of each circle 1/4" under toward the **WRONG** side and press. Hand sew a running stitch evenly around the center of the folded edge. **TIP: The longer the length of the running stitch, the smaller the hole in the center of the yo-yo.** Pull the thread taut to gather the fabric circle forming the center of the yo-yo. Tie a knot close to the fabric to secure the gathered edge.

***A running stitch is a basic hand sewing stitch made with evenly spaced stitches.***

- Place the yo-yo's on the Quilt Top in a way that's pleasing to you. Overlap some making a cool cascade of blooms or place smaller yo-yo's on top of larger ones to create the desired garden effect. Hand or machine quilt the yo-yo's in place. Apply as many or few yo-yo's as you want for the desired effect.

Enjoy!

If you liked this free pattern, please be sure to check out my other free patterns like "Patchy Jeans" and the "Sunshine Quilt". Happy Sewing! -Amy



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**R O W A N**  
FABRICS

*Soul Blossoms*  
by amy butler

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